TRACK: WORK - LEISURE - VOLUNTEERING

Presentation: Meaning of digital games

B. DE SCHUTTER. A qualitative inquiry into the meaning of digital games for an older audience in Flanders. Gerontechnology 2012;11(2):420; doi:10.4017/gt.2012.11.02.609.00 Purpose The majority of studies on digital games for older adults (50+) and seniors (65+) have researched the extent to which digital games can be used to improve the lives of older adults and seniors¹⁻³, or how games should be designed taking age-related decline into account⁴⁻⁶. The common denominator between both kinds of studies is that they focus upon non-playing elderly. Studies that focus on the already playing older audience of digital games are much rarer⁷⁻¹¹. Furthermore, these studies suffer from small sample sizes and little theoretical framing. The purpose of this study is therefore to expand upon previous research by further describing the older audience of digital games, explaining their gaming behavior using existing theoretical paradigms, and classifying them from within their playing context. Method The study uses a mixed methods design, combining a quantitative pre-study (n=112; aged between 50 and 70) and a qualitative study (n=35; same age group). Data collection in the latter part of the study was done using 2-hour long semi-structured interviews. The data was analyzed through an iterative process using Fred Wester's interpretation of Grounded Theory¹². Results & Discussion The results of the study are (i) a framework that describes the older audience of digital games using concepts that were derived from the data, (ii) a theoretical explanation for the gaming behavior of older adults that draws from Uses and Gratifications Theory¹³, Self-Determination Theory¹⁴ and media psychological inquiries into the concept of enjoyment¹⁵, and (iii) a player classification for both on- and offline playing. Finally, the study identifies a series of design recommendations.

References

- Basak C, Boot WR, Voss MW, Kramer AF. Can training in a real-time strategy videogame attenuate cognitive decline in older adults. Psychology and Aging 2008;23(4):765-777
- 2. Goldstein J, Cajko L, Oosterbroek M, Michielsen M, Houten O van, Salverda F. Videogames and the elderly. Social Behavior and Personality 1997;25(4):345-352
- 3. Weisman S. Computer games for the frail elderly. Gerontologist 1983;23(4):361-363
- Schutter B de, Abeele V vanden. Designing Meaningful Play within the Psycho-Social Context of Older Adults. Presented at the International Conference of Fun and Games, Louvain; 2010
- 5. IJsselsteijn WA, Nap HH, Kort YAW de, Poels K. Digital game design for elderly users. Toronto: ACM; 2007; pp 17-22
- Nacke LE, Nacke A, Lindley CA. Brain training for silver gamers: effects of age and game form on effectiveness, efficiency, self-assessment, and gameplay experience. CyberPsychology & Behavior 2009;12(5):493-499
- 7. Copier M. Ouderen en games: Een kwalitatief onderzoek naar ouderen die digitale spellen spelen. Heerlen: International Institute of Infonomic; 2002
- 8. Schutter B de. Never Too Old to Play: The Appeal of Digital Games to an Older Audience. Games and Culture: A Journal of Interactive Media 2011;6(2):155-170
- 9. Nap HH, IJsselsteijn WA, Kort YAW de. Senior's Gaming Needs, Perceptions & Requirements. Presented at the Meaningful Play '08, Michigan State University, East Lansing, MI; 2008
- 10. Pearce C. The Truth About Baby Boomer Gamers: A study of over-forty computer game players. Games and Culture 2008;3(2):142
- 11. Quandt T, Grueniger H, Wimmer J. The Gray Haired Gaming Generation: Findings from an Explorative Interview Study on Older Computer Gamers. Games and Culture: A Journal of Interactive Media 2009;4(1):27-46
- 12. Wester F, Peters V. Kwalitatieve Analyse: Uitgangspunten en Procedures. Bussum: Coutinho; 2004
- 13. Blumler JG, Katz E. The uses of mass communications: Current perspectives on gratifications research. Thousand Oaks: Sage Publications; 1974
- Ryan RM, Deci EL. An Overview of Self-Determination Theory: An Organismic-Dialectical Perspective.
 In: Deci EL, Ryan RM, editors. Handbook of self-determination research. Rochester: University Rochester Press; 2004; pp 3-36
- 15. Vorderer P, Hartmann T. Entertainment and Enjoyment as Media Effect. In: Bryant J, Oliver MB, editors. Media effects: advances in theory and research. New York: Routledge; 2009; pp 532-550

Keywords: work & leisure, digital games, older adults, meaning

Affiliation: Leuven University College, Leuven, Belgium; E: bobdeschutter6@gmail.com Full paper: No