E.J.M. WOUTERS, J. VAN HOOF. Lego serious play as a method to determine the sense of home in the nursing home. Gerontechnology 2016;15(suppl):142s; doi:10.4017/gt.2016. Purpose For most people, nursing homes are a place they reside for the rest of their lives. Therefore, a nursing home, apart from providing good care, has to provide for a sense of home¹. Mostly professionals are responsible for this sense of home. The aim of this study was to explore how professionals (both care professionals, managers, suppliers of nursing home equipment and architects experience 'sense of home' in a nursing home. Method Over 70 persons (±20-65 years old, 2/3 women) having varying professional involvement in nursing homes participated. The Lego serious play method was used to engage participants in a personal and authentic manner². After building their model of 'sense of home', participants recorded their main issues on a sticky note. The models represented the personal stories of the participants, who shared the meaning of their model. Results & Discussion The findings revealed that a range of themes were considered important by the participants (Table 1). The main themes involved privacy, space, mobility and freedom, for instance, to open doors, social engagement, being recognised as the person one used to be before, and nature or the presence of plants and animals. These results are compared with results of a recently performed literature review and photography supported research in residents, family and staff in four nursing homes³.

References

- Rijnaard MD, Hoof J van, Janssen BM, Verbeek H, Pocornie W, Eijkelenboom A, Beerens HC, Molony SL, Wouters EJM. The factors influencing the sense of home in nursing homes: a systematic review from the perspective of residents. Journal of Aging Research 2016; Article ID 6143645; doi:10.1155/2016/6143645
- Swann D. NHS at Home: Using Lego Serious Play to Capture Service Narratives and Envision Future Healthcare Products. Proceedings of INCLUDE 2011; 2011; http://eprints.hud.ac.uk/13355; retrieved September 19, 2016
- Hoof J van, Verbeek H, Felix E, Nieboer KA, Zwerts-Verhelst ELM, Janssen BM, Sijstermans JJWM, Eijkelenboom A, Molony SL, Wouters EJM. A three perspective study of the sense of home of nursing home residents: the views of residents, care professionals and relatives. BMC Geriatrics 2016 (in press)

Keywords: health, comfort, self-esteem, sense of home, at-homeness, nursing home Address: Fontys University of Applied Sciences,

Eindhoven, Netherlands; *E*: e.wouters@fontys.nl

Table 1. Main themes

Mobility Freedom

Mobility Freedom Space
Social Personal engagement recognition



Figure 1. Example of a model made by one of the participants