

T. LAMBERT, P. LAMBERT, F. DE LA FUENTE. **Partnership for accomplished ageing? First, know the seniors you serve!** *Gerontechnology* 2016;15(suppl):153s; doi:10.4017/igt.2016.15.s.786.00 **Purpose** The aging tsunami urges an ambulatory-home care shift. If medical expertise and hospitalization are essential during acute care, they cannot handle day-to-day life issues. It is then necessary to value a person-centered care approach, to invest in prevention¹ and to rebuild all our systems by fostering transversal and integrative organizations capable of optimizing all available means, by conciliating – when appropriate and affordable – human resources (informal/professional caregivers) and all the tools offered by the dizzying pace of technological progress. The knowledge about seniors' specificities and real needs, even more in home care services^{2,3}, to support an accomplished aging is so poor in comparison. The aim of the study, based on a risk management and a bottom-up graduation of the proposed solutions' perspective, is fourfold. First, create an universal, quick and easy-to-use tool, sharable between all the involved authorized parties, respectful of the senior's will and choice, to (re)assess his/her quality of life (QoL) in a dynamic and pragmatic way. Second, detect the factors of risks affecting her/his QoL. Third, prioritize the recommended action(s) relevant to improve her/his QoL. Four, monitor the QoL and evaluate the impact of the actions implemented by non-health caregivers on its evolution. **Method** Assessment conducted on 117 seniors (62-102 years old, average 85; 67% women) through an observational study. **Results & Discussion** Of the 1st and 2nd part of the study: six key areas were identified to compose QoL. Activity and purpose, and mental wellness are the two most critical indicators with the highest impact on QoL (*Figures 1 & 2*). Our first findings indicate that these ones should be the 1st area of focus and improvement.

References

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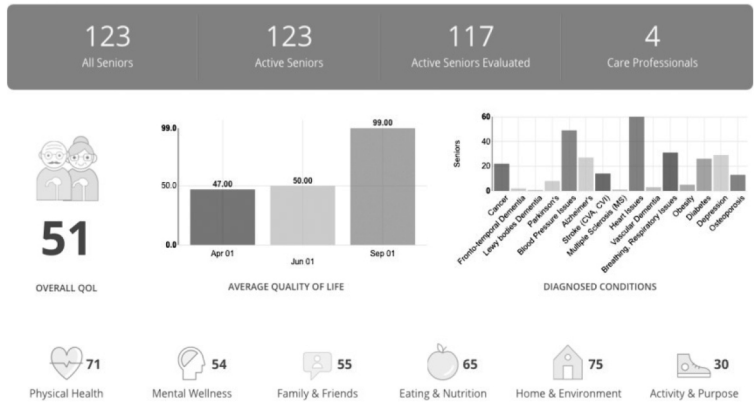


Figure 1 : Senior insights

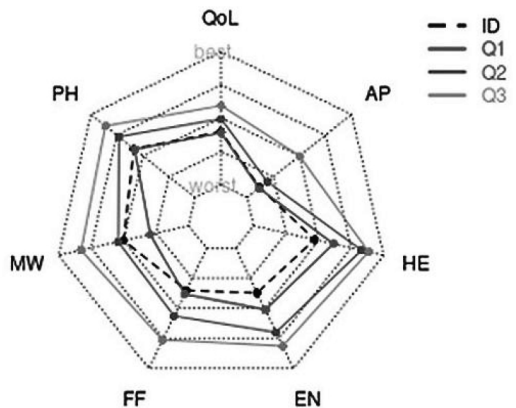


Figure 2. QoL (Quality of Life) spider chart (BCAM: Basque Center of Applied Mathematics)