

## OPP: OTHERS

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### **A study on care management practices for supporting low-income elderly people in Japan**

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**Purpose** Osaka City has the largest number of households receiving public assistance, and for low-income elderly people who need support and nursing care, care managers at home nursing support centers and comprehensive community support centers provide consultation and support regarding life at home, including adjusting the use of nursing care services. The purpose of this study is to clarify the relationship between the practice of care management by care managers who support low-income elderly people in Japan, support inside and outside the workplace, and support from comprehensive community support centers. **Method** We conducted in January and February 2021 a survey with self-administered questionnaires, that were mailed to 800 randomly selected care management centers in Osaka City, Japan. Regarding COI disclosure, We have no financial relationships to disclose. All study procedures were approved by the Ethical Review Board of Human Subject Research at the BAIKA Women's University. Structural Equation Modeling was performed to examine the relationship between the variables. This research is supported by The six dependent variables related to care management practices were: Arrangements in Financial supports for Formal service costs; Care planning and Implementation; Financial Support and Evaluation; Contract and Explanations; Assessment; and Contract and Coordinating Informal support and Formal services in care planning. The four independent variables related to supports from the comprehensive Community General Support Center, Support in the workplace were: supports from administrator and colleague. The analysis method was a structural equation mod. **Results and Discussion** The response rate was 19.1% (N=153). As a result, the goodness of the fit indices was acceptable. "Financial support and evaluation" were associated with supports from the comprehensive Community General Support Center. We concluded that the care management practices were significant in supporting economically disadvantaged the elderly through the linkage between the elderly's needs and social resources (especially with supports from the comprehensive Community General Support Center) .To address the lifestyle issues facing the elderly, the Community Comprehensive Support Center works with care managers to support the use of various systems and services other than the nursing care insurance system. "Financial support and evaluation" includes not only providing information on public support systems and assistance with how to use them, but also assistance with personal money management in daily life. Care managers have also started working with staff at the Community Comprehensive Support Center to use an app that helps users manage their household finances. By utilizing ICT services, elderly people can make spending plans and evaluate them after spending, preventing waste. In other words, we believe that a synergistic effect can be achieved not only by dividing up roles between care managers and experts at the Community Comprehensive Support Center, but also by providing support that includes the use of ICT service tools.

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